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| **Half Term** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** |  | **Summer 2** |  |
| **Year 7**  | **Health & Well-Being** | **Living in the Wider World** | **Relationships** | **Living in the Wider World** | **Health & Well-Being** |  | **Relationships** |  |
| **PSHE Lesson** | **PERSONAL ATTRIBUTES -** to recognise their personal strengths and how this affects their self confidence and self-esteem. | **DIVERSITY, DISCRIMINATION & RIGHTS -** The similarities, differences and diversity among people of different race, culture, ability, disability, sex, gender identity, age and sexual orientation and the impact of stereotyping, prejudice, bullying, discrimination on individuals and communities*.* | **TYPES OF RELATIONSHIPS -** the nature and importance of marriage, civil partnerships and other stable, long term relationships; roles and responsibilities of parents, carers and children in families. | **LAWS, LIBERTIES, JUSTICE -** precious liberties enjoyed by citizens of the UK, the nature of rules and laws, the difference between criminal and civil law. | **INFLUENCE OF THE MEDIA -** how the media portrays young people, body image and health issues and that identity is affected by a range of factors. |  | **BULLYING, ABUSE & GANGS** -Recognising bullying & abuse in all its forms and skills and strategies to deal with it and the support services available |  |